



Working for Wellness

HealthFax
INCORPORATED

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website: www.healthfax.biz

Frequently asked questions about.....

Blood Pressure

- 1. What is Blood Pressure?**
When the heart pumps blood through the body, the blood pushes against the walls of the blood vessels. The blood pressure cuff measures the force of the blood against the arterial walls. Blood Pressure measurements consist of a high number, the systolic pressure that occurs with each beat of the heart, and the diastolic pressure, that is the pressure reading between heartbeats.
- 2. Why should I have my Blood Pressure measured?**
Nearly 50 million Americans have high blood pressure. If left untreated, high blood pressure can lead to strokes, heart attacks, and kidney failure.
- 3. How do I know if I have High Blood Pressure?**
High blood pressure usually has no symptoms. In fact, many people have this disease (hypertension) for years without knowing it. Having high blood pressure doesn't mean that you are tense, nervous or hyperactive. You can be a calm, relaxed person and still have hypertension. The only way to find out if you have elevated blood pressure is to have it checked.
- 4. How is Blood Pressure Checked?**
A blood pressure test is quick and painless. Blood Pressure is measured using a medical instrument called a sphygmomanometer. A single reading doesn't mean that you have high blood pressure, but it is a sign that you need to watch your blood pressure carefully.
- 5. Will the results be provided in a written format?**
Yes, the results will be written on an educational handout. Our staff will also be glad to review your results and answer your basic questions.
- 6. Do you need electricity to conduct these tests?**
No — the testing equipment uses batteries.
- 7. Do you need to be “inside” to conduct the screening?**
We can conduct this test inside or outside — either way.
- 8. How do I order this Test?**
Just let us know if you want one staff (small events), two staff (busy events), three staff (large events)...
- 9. Can we have an aggregate report developed from the test results?**
Yes, for those clients who request a report, HealthFax will prepare an “aggregate” report (no names ... please. The report is generated in Excel — color pie chart. There is no extra charge for this service — it's complimentary.
- 10. When time does the HealthFax staff arrive?**
Unless otherwise requested, HealthFax staff will arrive at your event one half hour prior to “start time” They will bring everything that they need to set up for your event – except tables and chairs.
- 11. How do we pay for your services?**
HealthFax will send you an electronic invoice after the program. If you prefer a “paper hard copy”, just let us know.
- 12. When is the payment due?**
Payment is due in 30 days or less. Special arrangements can be made for large projects.
- 13. Can we do a “Split” billing?**
Sure.... Just let us know how much to invoice to each payor with their e-mail address.
- 14. Do you accept credit cards for payment?**
Yes, we accept Visa and Mastercard
Directions to use this method of payment will be provided with the invoice.
- 15. Is there a Travel Fee added to the cost of the service?**
There may be a travel fee to your event location. See www.healthfax.biz and go to Territory / Travel for travel locations.

Please don't hesitate to contact us with any additional questions or clarification.